

Suffolk County AA Championships Results 2013 - 26th May, Ipswich

Senior Men:

| Event: | Pos: | Name: | Surname | Club: | Result: | CBP: |
|-----------|------|----------------|------------|------------------|---------|------|
| 100m | 1 | Ben | Higgins | Ipswich Harriers | 11.8 | |
| | 2 | Mark | Robinson | Ipswich Harriers | 11.8 | |
| | 3 | Luke | Allen | West Suffolk AC | 12.2 | |
| | 4 | Nigel | Hayman | Ipswich Harriers | 12.6 | |
| | 5 | Paul | Harrison | Ryston | 13.0 | |
| | 6 | Neil | Gillingham | Ipswich Harriers | 13.0 | |
| | 7 | Patrick | Giddings | Ipswich Harriers | 13.7 | |
| | 8 | - | - | - | - | |
| 200m | 1 | Mark | Robinson | Ipswich Harriers | 23.9 | |
| | 2 | Neil | Gillingham | Ipswich Harriers | 27.5 | |
| | 3 | - | - | - | - | |
| | 4 | - | - | - | - | |
| | 5 | - | - | - | - | |
| 400m | 1 | Ben | Higgins | Ipswich Harriers | 51.0 | |
| | 2 | Lee | Bowker | Ipswich Harriers | 56.3 | |
| 800m | 1 | Andrew | Rooke | AF&D | 2.00.5 | |
| | 2 | Neil | Gillingham | Ipswich Harriers | 2.30.4 | |
| | 3 | - | - | - | - | |
| 1500m | 1 | Andrew | Rooke | AF&D | 4.15.1 | |
| | 2 | Neil | Gillingham | Ipswich Harriers | 4.43.6 | |
| | 3 | - | - | - | - | |
| | 4 | - | - | - | - | |
| 3000m | 1 | - | - | - | - | |
| | 2 | - | - | - | - | |
| | 3 | - | - | - | - | |
| | 4 | - | - | - | - | |
| 2000m S/C | 1 | - | - | - | - | |
| | - | - | - | - | - | |
| 110m H | 1 | Nigel | Hayman | Ipswich Harriers | 18.0 | |
| 400m H | 1 | No Competition | - | - | - | |
| | - | - | - | - | - | |
| 3k Walk | 1 | No Competition | - | - | - | |
| | - | - | - | - | - | |
| HJ | 1 | No Competition | - | - | - | |
| | - | - | - | - | - | |
| PV | 1 | No Competition | - | - | - | |
| | - | - | - | - | - | |
| LJ | 1 | Luke | Allen | West Suffolk AC | 5.92 | |
| | 2 | Paul | Harrison | Ryston | 4.97 | |

| | | | | | |
|----|---|---------|------------|------------------|-------|
| | 3 | Andrew | McAllister | Capel Cheetas | 4.79 |
| | | - | - | - | |
| TJ | 1 | Paul | Harrison | Ryston | 10.27 |
| | 2 | Andrew | McAllister | Capel Cheetas | 9.87 |
| | | - | - | - | |
| SP | 1 | Luke | Allen | West Suffolk AC | 10.69 |
| | 2 | Andrew | McAllister | Capel Cheetas | 9.41 |
| | 3 | Michael | Davis | Ipswich Harriers | 7.67 |
| | | - | - | - | |
| DT | 1 | Josh | Pirt | Thetford AC | 31.33 |
| | 2 | Michael | Davis | Ipswich Harriers | 22.95 |
| | 3 | - | - | - | |
| | | | | | |
| HT | 1 | Malcolm | Fenton | Ipswich Harriers | 46.03 |
| | 2 | Michael | Davis | Ipswich Harriers | 26.31 |
| | 3 | - | - | - | |
| JT | 1 | - | - | - | |
| | 2 | - | - | - | |
| | 3 | - | - | - | |