

Suffolk County AA Championships Results 2011 - 15th May, Ipswich

Under 20 Men

Event:	Pos:	Name:	Surname	Club:	Result:	
100m	1	Leon	Holmes	Ipswich Harriers	11.8	
	2	Adam	Szucs	City of Norwich AC	12.8	
200m	1	Adam	Szucs	City of Norwich AC	26.0	
	2	Daniel	Amass	Orwell Panthers	28.2	
400m	1	Oliver	Minns	Orwell Panthers	64.5	
800m	1	John	Bird	Ipswich Harriers	2.02.5	
	2	Alex	Dunbar	West Suffolk AC	2.06.2	
	3	Jordan	Ali	City of Norwich AC	2.20.0	
1500m	1	Kieran	Clements	Ipswich Harriers	3.59.3	
	2	John	Bird	Ipswich Harriers	4.03.4	
	3	Jordan	Ali	City of Norwich AC	4.19.5	
3000m	1	Jordan	Ali	City of Norwich AC	9.19.1	
110m H	1	Matthew	Wake	West Suffolk AC	16.7	
400m H	1	Matthew	Wake	West Suffolk AC	63.0	
HJ	1	Matthew	Wake	West Suffolk AC	1.75	
	2	Jack	Chrisman	West Suffolk AC	1.75	
LJ	1	Daniel	Amass	Orwell Panthers	4.42	
	2	Oliver	Minns	Orwell Panthers	4.27	
SP	1	Jake	Allen	West Suffolk AC	10.51	
	2	Nathan	Bruce	Orwell Panthers	8.52	
DT	1	Jake	Allen	West Suffolk AC	36.88	
	2	Nathan	Bruce	Orwell Panthers	22.81	
HT	1	Jake	Allen	West Suffolk AC	43.13	
	2	Nathan	Bruce	Orwell Panthers	22.05	
JT	1	Matti	Mortimore	Loughborough College	61.21	CBP
	2	Daniel	Amass	Orwell Panthers	16.53	