

Suffolk County AA Championships Results 2011 - 15th May, Ipswich

Senior Men:

Event:	Pos:	Name:	Surname	Club:	Result:
100m	1	Robert	Graham	Ipswich Harriers	11.6
	2	Luke	Allen	West Suffolk AC	11.7
	3	David	Nichols	St Edmund Pacers	12.3
	4	Michael	Davis	Orwell Panthers	13.6
200m	1	Benjamin	Higgins	Ipswich Harriers	23.1
	2	Neil	Gillingham	Ipswich Harriers	25.2
	3	David	Nichols	St Edmund Pacers	25.5
	4	Paul	Wilcox	Ipswich Harriers	29.0
1500m	1	Elliot	Palmer	Ipswich Harriers	3.56.1
	2	Colin	Ridley	West Suffolk AC	4.35.2
3000m	1	Ronald	Benjamin	Colchester Harriers	11.49.9
2000m S/C	1	Jack	Huddleston	Cambridge & Coleridge AC	7.47.8
110m H	1	Luke	Allen	West Suffolk AC	16.5
	2	Jack	Huddleston	Cambridge & Coleridge AC	17.7
400m H	1	Jack	Huddleston	Cambridge & Coleridge AC	60.7
3k Walk	1	Alan	Ellam	Enfield & Haringey	16.36.5
HJ	1	Gordon	Coe	Diss AC	1.60
PV	1	Jeremy	Smith	Ipswich Harriers	1.50
TJ	1	Robert	Graham	Ipswich Harriers	12.83
SP	1	Luke	Allen	West Suffolk AC	10.81
	2	Gordon	Coe	Diss AC	10.13
	3	Michael	Davis	Orwell Panthers	6.87
	3	Jeremy	Smith	Ipswich Harriers	5.88
DT	1	Gordon	Coe	Diss AC	30.17
	2	Rory	McMillan	Ipswich Harriers	26.82
	3	Michael	Davis	Orwell Panthers	12.42
HT	1	Michael	Davis	Orwell Panthers	14.82
	2	Jeremy	Smith	Ipswich Harriers	8.94