

Suffolk County AA Championships Results 2011 - 15th May, Ipswich

Under 13 Girls

Event:	Pos:	Name:	Surname	Club:	Result:	
100m Ht1	1	Miri	Budd	Ipswich Harriers	14.4	
	2	Ella	Dowling	Culford School	14.4	
	3	Suleika	Horrocks	West Suffolk AC	14.5	
	4	India	Lawson	Brandeston Hall	15.8	
	5	Evie	Pettingale	West Suffolk AC	16.4	
100m Ht2	1	Chloe	Godbold	Ipswich Harriers	13.7	
	2	Lauren	Grubb	Ipswich Harriers	14.0	
	3	Lermae	Youngs	Ipswich Harriers	14.1	
	4	Alice	Kempson	Elmsett Primary School	15.9	
	5	Katerina	Males	Ipswich Harriers	16.3	
	6	Annette	Clark	Holbrook Harriers	16.4	
100m Final	1	Chloe	Godbold	Ipswich Harriers	13.9	
	2	Lauren	Grubb	Ipswich Harriers	14.0	
	3	Lermae	Youngs	Ipswich Harriers	14.0	
	4	Miri	Budd	Ipswich Harriers	14.2	
	5	Suleika	Horrocks	West Suffolk AC	14.6	
200m Ht 1	1	Miri	Budd	Ipswich Harriers	30.1	
	2	Lermae	Youngs	Ipswich Harriers	30.5	
	3	Elenor	Derbyshire	Brandeston Hall	32.3	
	4	Saskia	Ayeche	Holbrook Harriers	33.0	
200m Ht 2	1	Lauren	Grubb	Ipswich Harriers	29.0	
	2	Sophie	Tooley	West Suffolk AC	30.5	
	3	Annette	Clark	Holbrook Harriers	36.4	
200m Final	1	Lauren	Grubb	Ipswich Harriers	29.9	
	2	Miri	Budd	Ipswich Harriers	30.1	
	3	Sophie	Tooley	West Suffolk AC	30.4	
	4	Lermae	Youngs	Ipswich Harriers	30.4	
	5	Elenor	Derbyshire	Brandeston Hall	32.5	
	6	Saskia	Ayeche	Holbrook Harriers	33.1	
800m	1	Sophie	Tooley	West Suffolk AC	2.27.3	CBP
	2	Holly	Davies	West Suffolk AC	2.43.8	
	3	Suleika	Horrocks	West Suffolk AC	2.58.4	
1500m	1	Nella	Walters	West Suffolk AC	5.21.8	
70m H	1	Lauren	Grubb	Ipswich Harriers	12.5	
	2	Elizabeth	Keswick	Culford School	12.9	
	3	Holly	Davies	West Suffolk AC	14.1	
	4	India	Lawson	Brandeston Hall	15.2	
	5	Katerina	Males	Ipswich Harriers	16.3	
	6	Annette	Clark	Holbrook Harriers	16.8	
	7	-	-	-	-	
	8	-	-	-	-	
HJ	1	Elizabeth	Keswick	Culford School	1.35	
	2	Holly	Davies	West Suffolk AC	1.20	
	3	India	Lawson	Brandeston Hall	1.15	
LJ	1	Elizabeth	Keswick	Culford School	4.12	

	2	Miri	Budd	Ipswich Harriers	3.93
	3	Suleika	Horrocks	West Suffolk AC	3.79
	4	Lermae	Youngs	Ipswich Harriers	3.76
	5	Evie	Pettingale	West Suffolk AC	3.60
	6	Chloe	Godbold	Ipswich Harriers	3.46
	7	Elenor	Derbyshire	Brandeston Hall	3.40
	8	Katerina	Males	Ipswich Harriers	3.21
	9	Annette	Clark	Holbrook Harriers	3.13
	10	Alice	Kempson	Elmsett Primary School	3.09
JT	1	Ella	Dowling	Culford School	13.44
	2	Evie	Pettingale	West Suffolk AC	8.30

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Under 15 Girls

Event:	Pos:	Name:	Surname	Club:	Result:
100m Ht 1	1	Mone	Betterton	Ipswich Harriers	13.8
	2	Hannah	Garlick	Ipswich Harriers	14.2
	3	Francesca	Betson	West Suffolk AC	14.2
	4	April	Castle	Chelmsford AC	14.5
100m Ht 2	1	Lauren	Gibbs	West Suffolk AC	13.9
	2	Chantelle	Kilpatrick	Ipswich Harriers	14.2
	3	Mae	Munro	Ipswich Harriers	14.4
	4	Lulu	Stanford	Newmarket Joggers	14.8
	5	Kelsey	Love	Brandeston Hall	15.3
100m Final	1	Mone	Betterton	Ipswich Harriers	13.8
	2	Lauren	Gibbs	West Suffolk AC	13.9
	3	Hannah	Garlick	Ipswich Harriers	13.9
	4	Francesca	Betson	West Suffolk AC	14.2
	5	Chantelle	Kilpatrick	Ipswich Harriers	14.3
	6	Mae	Munro	Ipswich Harriers	14.6
200m Ht 1	1	Megan	Soames	City of Norwich AC	28.6
	2	Ellie	Keswick	Culford School	28.8
	3	April	Castle	Chelmsford AC	31.4
	4	Chloe	Jermyn	St Edmund Pacers	33.0
200m Ht 2	1	Peggy-Mai	Norman	West Suffolk AC	28.9
	2	Chantelle	Kilpatrick	Ipswich Harriers	30.8
	3	Mae	Munro	Ipswich Harriers	30.9
	4	Lulu	Stanford	Newmarket Joggers	31.6
200m Final	1	Ellie	Keswick	Culford School	27.9
	2	Megan	Soames	City of Norwich AC	28.4
	3	Chantelle	Kilpatrick	Ipswich Harriers	29.6
	4	Peggy-Mai	Norman	West Suffolk AC	29.6
	5	Mae	Munro	Ipswich Harriers	31.3
	6	April	Castle	Chelmsford AC	32.0
300m Final	1	Hannah	Maher	City of Norwich AC	46.4
	2	Carly	Goode	Ipswich Harriers	49.6
	3	Emma	Audsley	Ipswich Harriers	49.7
	4	Sophie	Godbold	Ipswich Harriers	54.1
800m	1	Megan	Soames	City of Norwich AC	2.26.5

	2	Rachel	Ryan	Ipswich Harriers	2.30.0	
	3	Lauren	Ramsey	Ipswich Harriers	2.38.7	
	4	Carly	Goode	Ipswich Harriers	2.49.5	
	5	Emma	Audsley	Ipswich Harriers	3.00.3	
	6	Chloe	Jermyn	St Edmund Pacers	3.05.0	
1500m	1	Alice	Cheverton	City of Norwich AC	5.08.3	
	2	Charlotte	Wickens	Ipswich Harriers	5.21.1	
	3	Emily	Moyes	Stowmarket Striders	5.21.2	
	4	Katie	Peake	Ipswich Harriers	5.21.2	
	5	Emily	Strickland	St Edmund Pacers	5.33.4	
	6	Gaia	Johnstone	St Edmund Pacers	6.16.3	
75m H Final	1	Sarah	Prescott-Smith	Ipswich School	12.7	
	2	April	Castle	Chelmsford AC	13.5	
	3	Kate	Robertson	West Suffolk AC	14.4	
	4	Ella	Pettingale	West Suffolk AC	14.9	
	5	Kelsey	Love	Brandeston Hall	15.6	
HJ	1	Sarah	Prescott-Smith	Ipswich School	1.50	
	2	Kate	Robertson	West Suffolk AC	1.25	
	3	Ella	Pettingale	West Suffolk AC	1.25	
PV	1	Sophie	Godbold	Ipswich Harriers	1.60	
LJ	1	Sarah	Prescott-Smith	Ipswich School	5.15	
	2	Ellie	Keswick	Culford School	4.64	
	3	Hannah	Garlick	Ipswich Harriers	4.34	
	4	Megan	Soames	City of Norwich AC	4.32	
	5	Chantelle	Kilpatrick	Ipswich Harriers	4.31	
	6	Ella	Pettingale	West Suffolk AC	4.16	
	7	Francesca	Betson	West Suffolk AC	4.11	
	8	Katie	Peake	Ipswich Harriers	3.80	
	9	Sophie	Godbold	Ipswich Harriers	3.48	
TJ	1	Kate	Robertson	West Suffolk AC	9.17	
	2	Peggy-Mai	Norman	West Suffolk AC	9.14	
	3	Lauren	Gibbs	West Suffolk AC	9.09	
SP	1	Helena	Coe	Ipswich Harriers	10.18	
	2	Hannah	Maher	City of Norwich AC	8.29	
	3	Peggy-Mai	Norman	West Suffolk AC	7.33	
	4	Francesca	Betson	West Suffolk AC	6.05	
DT	1	Helena	Coe	Ipswich Harriers	24.91	
	2	Ellie	Bloomfield	Ipswich Harriers	24.65	
	3	Lauren	Gibbs	West Suffolk AC	14.66	
HT	1	Ellie	Bloomfield	Ipswich Harriers	33.91	CBP
JT	1	Hannah	Maher	City of Norwich AC	21.77	

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Under 17 Women

Event:	Pos:	Name:	Surname	Club:	Result:
100m Final	1	Enya	Moore	Ipswich Harriers	13.0
	2	Favour	Osuchukwu	West Suffolk AC	13.7

200m	1	Emily Lambert	Ipswich Harriers	26.9	
	2	Enya Moore	Ipswich Harriers	27.2	
	3	Keeley Whitlock	Ipswich Harriers	28.2	
	4	Favour Osuchukwu	West Suffolk AC	28.8	
	5	Lissie Lehkyj	Ipswich Harriers	29.3	
300m Final	1	Emily Lambert	Ipswich Harriers	43.8	
	2	Keeley Whitlock	Ipswich Harriers	44.6	
	3	Emily Robinson	Ipswich Harriers	45.5	
	4	Sophie Leigh-Pearson	Ipswich Harriers	46.5	
	5	Leah Clements	Ipswich Harriers	48.2	
800m	1	Lucy Barnes	Ipswich Harriers	2.27.1	
	2	Susannah Reid	Ipswich Harriers	2.32.0	
	3	Ruby Budd	Ipswich Harriers	2.40.6	
	4	Lauren James	West Suffolk AC	2.44.7	
1500m S/C	1	Beth Tooley	West Suffolk AC	6.13.5	CBP
80m H	1	Charlotte Shelley	Ipswich Harriers	12.7	
	2	Ellie de Wild	West Suffolk AC	13.4	
300m H	1	Emily Robinson	Ipswich Harriers	54.7	
HJ	1	Charlotte Shelley	Ipswich Harriers	1.58	
	2	Ellie de Wild	West Suffolk AC	1.58	
	3	Chelsea Wade	West Suffolk AC	1.55	
LJ	1	Charlotte Shelley	Ipswich Harriers	5.22	
	2	Bethany Clarke	Ipswich Harriers	4.83	
	3	Favour Osuchukwu	West Suffolk AC	4.71	
	4	Jessica Crissell	Ipswich Harriers	4.46	
	5	Lissie Lehkyj	Ipswich Harriers	4.15	
	6	Chelsea Wade	West Suffolk AC	3.77	
TJ	1	Chelsea Wade	West Suffolk AC	10.50	
	2	Jessica Crissell	Ipswich Harriers	10.07	
SP	1	Debbie Castle	Chelmsford AC	8.40	
	2	Beth Wade	West Suffolk AC	7.56	
	3	Rosemary Aldous	Ipswich Harriers	6.92	
	4	Lissie Lehkyj	Ipswich Harriers	6.49	
DT	1	Debbie Castle	Chelmsford AC	29.08	
	2	Beth Wade	West Suffolk AC	24.00	
HT	1	Rosemary Aldous	Ipswich Harriers	23.27	
	2	Beth Wade	West Suffolk AC	20.53	
JT	1	Alice Robinson	Ipswich Harriers	27.73	
	2	Debbie Castle	Chelmsford AC	21.40	

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Under 20 Women

Event:	Pos:	Name:	Surname	Club:	Result:
100m	1	Polly	Davies	Gt Yarmouth & Dist AC	12.9

	2	Emily	Rogers	West Suffolk AC	13.1	
	3	Alexandra	Leigh-Pearson	Ipswich Harriers	13.2	
	4	Georgina	Gray	Ipswich Harriers	13.8	
200m	1	Emily	Rogers	West Suffolk AC	26.9	
	2	Alexandra	Leigh-Pearson	Ipswich Harriers	27.4	
	3	Emma	Burroughs	Ipswich Harriers	30.8	
400m	1	Polly	Davies	Gt Yarmouth & Dist AC	59.7	
	2	Holly	Archer	West Suffolk AC	59.7	
	3	Emma	Burroughs	Ipswich Harriers	68.0	
1500m	1	Holly	Archer	West Suffolk AC	4.59.1	
	2	Justine	Anthony	West Suffolk AC	5.31.9	
3000m	1	Kirsty	Addy	The Saxons	10.32.2	CBP
	2	Charlotte	Christensen	Ipswich Harriers	11.09.5	
	3	Emily	Baker	West Suffolk AC	12.23.8	
100m H	1	Evie	Castle	Chelmsford AC	18.3	
1500m S/C	1	Emma	Burroughs	Ipswich Harriers	6.08.2	CBP
LJ	1	Emily	Rogers	West Suffolk AC	2.82	
SP	1	Sam	Milner	Blackheath	10.83	
	2	Evie	Castle	Chelmsford AC	10.64	
	3	Hannah	Castle	Chelmsford AC	6.09	
DT	1	Sam	Milner	Blackheath	42.71	CBP
	2	Georgina	Howe	Ipswich Harriers	33.65	
	3	Evie	Castle	Chelmsford AC	26.69	
	4	Hannah	Castle	Chelmsford AC	23.24	
HT	1	Georgina	Howe	Ipswich Harriers	44.53	CBP
	2	Evie	Castle	Chelmsford AC	30.42	
JT	1	Evie	Castle	Chelmsford AC	28.59	
	2	Hannah	Castle	Chelmsford AC	19.89	

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Senior Women

Event:	Pos:	Name:	Surname	Club:	Result:	
100m	1	Yvonne	Holmes	Ipswich Harriers	14.3	
200m	1	Katy	Sealy	UWIC	28.2	
	2	Yvonne	Holmes	Ipswich Harriers	30.8	
800m	1	Katy	Sealy	UWIC	2.37.4	
1500m	1	Gillian	Benjamin	Colchester Harriers	7.20.5	
3000m	1	Jemma	Clarry	not known	11.27.1	
100m H	1	Katy	Sealy	UWIC	16.2	
3k Walk	1	Angie	Alstrachen	Enfield & Haringey	18.11.1	CBP

	2	Linda	Spinks	Unattached	20.50.8
HJ	1	Tania	Spurling	West Suffolk AC	1.55
LJ	1	Tania	Spurling	West Suffolk AC	5.43
TJ	1	Tania	Spurling	West Suffolk AC	11.89
JT	1	Tania	Spurling	West Suffolk AC	28.22
SP	1	Katy	Sealy	UWIC	10.31

Suffolk County AA Championships Results 2011 - 15th May, Ipswich

Under 13 Boys

Event:	Pos:	Name:	Surname	Club:	Result:
100m Ht 1	1	Benson	Craven	Ipswich Harriers	13.3
	2	Sam	Cantelo	Royal Hospital Sch	14.1
	3	Jolyon	Summers	Brandeston Hall	14.5
	4	Pierrick	Hausler	Soham Village College	15.0
	5	James	Nichols	St Edmund Pacers	15.6
100m Ht 2	1	Jake	Greenleaf	Ipswich Harriers	14.9
	2	William	Page	Colchester & Tendring	15.3
	3	Thomas	Watson	Brandeston Hall	15.8
	4	Ben	Charles	Diss AC	16.2
100m Final	1	Benson	Craven	Ipswich Harriers	13.2
	2	Sam	Cantelo	Royal Hospital Sch	13.9
	3	Jolyon	Summers	Brandeston Hall	14.2
	4	Jake	Greenleaf	Ipswich Harriers	14.4
	5	Pierrick	Hausler	Soham Village College	15.2
	6	William	Page	Colchester & Tendring	15.2
200m Final	1	Benson	Craven	Ipswich Harriers	27.5
	2	Sam	Cantelo	Royal Hospital Sch	29.1
	3	Louis	Breyer	Ipswich Harriers	31.6
	4	Toby	Oliver	Royal Hospital Sch	33.2
800m	1	Christopher	Jones	Ipswich Harriers	2.33.0
	2	Jolyon	Summers	Brandeston Hall	2.34.1
	3	Louis	Breyer	Ipswich Harriers	2.34.7
	4	Alex	Baxter	Hadleigh Hares	2.34.9
	5	Jake	Greenleaf	Ipswich Harriers	2.46.9
	6	William	Page	Colchester & Tendring	2.52.1
	7	Jack	Harman	Hadleigh Hares	2.52.5
	8	Toby	Oliver	Royal Hospital Sch	2.53.2
	9	Pierrick	Hausler	Soham Village College	2.59.8
	10	Campbell	McMorran	Bungay Black Dog RC	3.21.4
	11	Joshua	Richards	Ipswich Harriers	3.38.0
1500m	1	Harry	Milldown	Ipswich Harriers	5.11.9
	2	Jacob	Freeborough	West Suffolk AC	5.14.1
	3	Alexander	Lawrence	Brandeston Hall	5.15.3
	4	Callum	Morrin	Hadleigh High School	5.16.8
	5	Brandon	Longridge	Brandeston Hall	5.37.1
	6	Ethan	Abrahams	Holbrook Harriers	5.56.1
	7	Robbie	Spowart	Brandeston Hall	6.08.8
	8	Ben	Charles	Diss AC	6.26.9
75m H	1	Thomas	Watson	Brandeston Hall	17.5
	2	Peter	Elsdon-Dean	Newmarket Joggers	17.6
1k Walk	1	James	Nichols	St Edmund Pacers	6.49.6
HJ	1	Christopher	Jones	Ipswich Harriers	1.30
	2	Campbell	McMorran	Bungay Black Dog RC	1.10
	3	Thomas	Watson	Brandeston Hall	1.10

LJ	1	Benson	Craven	Ipswich Harriers	4.39
	2	William	Page	Colchester & Tendring	3.79
	3	Ben	Charles	Diss AC	3.48
	4	Peter	Elsdon-Dean	Newmarket Joggers	3.41
	5	Alex	Baxter	Hadleigh Hares	3.38
	6	Jack	Harman	Hadleigh Hares	3.32
SP	1	George	Donsworth	Brandeston Hall	6.56
	2	Joshua	Richards	Ipswich Harriers	5.17
	3	William	Donsworth	Brandeston Hall	4.90
DT	1	George	Donsworth	Brandeston Hall	14.73
	2	William	Donsworth	Brandeston Hall	14.73
JT	1	Robert	Hopkinson	West Suffolk AC	35.37
	2	George	Donsworth	Brandeston Hall	24.68
	3	Peter	Elsdon-Dean	Newmarket Joggers	21.26
	4	Campbell	McMorran	Bungay Black Dog RC	17.49
	5	Sam	Cantelo	Royal Hospital Sch	14.67
	6	Joshua	Richards	Ipswich Harriers	12.17

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Under 15 Boys

Event:	Pos:	Name:	Surname	Club:	Result:
100m Final	1	George	Johnson	Ipswich Harriers	12.0
	2	James	Curran	West Suffolk AC	12.2
	3	Kyle	Potter	West Suffolk AC	12.4
	4	Andrew	Davis	Orwell Panthers	12.4
	5	Ross	McConnell	Royal Hospital Sch	13.0
	6	Victor	Shing	Royal Hospital Sch	13.5
200m Final	1	George	Johnson	Ipswich Harriers	24.8
	2	Kyle	Potter	West Suffolk AC	25.8
	3	Christian	Frost	Ipswich Harriers	25.8
	4	Toby	Eaton	Royal Hospital Sch	28.2
	5	Ashley	Rooke	Brandeston Hall	34.4
400m Final	1	George	Johnson	Ipswich Harriers	57.1
	2	Cameron	McKie	West Suffolk AC	57.6
800m	1	Cameron	McKie	West Suffolk AC	2.11.8
	2	Sean	Cuddihy	Royal Hospital Sch	2.16.3
	3	Jamie	Finch	City of Norwich AC	2.17.4
	4	Michael	Bartram	West Suffolk AC	2.20.9
	5	Ashley	Rooke	Brandeston Hall	2.52.3
1500m	1	Sebastian	Anthony	West Suffolk AC	4.34.7
	2	Ieuan	Aaldis	Saint Edmund Pacers	4.54.9
	3	Matthew	Le Poidevin	St Edmund Pacers	4.56.1
	4	Ben	Eames	West Suffolk AC	5.04.5
	5	Richard	Ling	Ipswich Harriers	5.06.4
	6	Matt	Brown	Royal Hospital Sch	5.16.6
	7	Robert	Cowper-Coles	Royal Hospital Sch	5.22.9

80m H	1	Tom	Knight	Culford School	13.3
	2	Sam	Conner	Royal Hospital Sch	14.2
1k Walk	1	Ben	Eames	West Suffolk AC	6.17.7
	2	Sebastian	Anthony	West Suffolk AC	6.17.7
HJ	1	Kasey	Hagan	Ipswich Harriers	1.60
	2	Christian	Frost	Ipswich Harriers	1.50
	3	Sam	Conner	Royal Hospital Sch	1.45
PV	1	Kasey	Hagan	Ipswich Harriers	2.20
LJ	1	Lawrence	Taylor	West Suffolk AC	5.25
	2	Ross	McConnell	Royal Hospital Sch	4.89
	3	Andrew	Davis	Orwell Panthers	4.43
	4	Richard	Ling	Ipswich Harriers	4.40
	5	Toby	Eaton	Royal Hospital Sch	3.83
	6	Ben	Eames	West Suffolk AC	3.48
	7	Ashley	Rooke	Brandeston Hall	3.37
TJ	1	Lawrence	Taylor	West Suffolk AC	10.92
	2	Tom	Knight	Culford School	10.06
SP	1	Oliver	Pescott-Frost	Ipswich Harriers	11.23
	2	Lawrence	Taylor	West Suffolk AC	9.50
	3	Harry	Hughes	West Suffolk AC	9.21
DT	1	Harry	Hughes	West Suffolk AC	30.62
	2	James	Curran	West Suffolk AC	28.55
	3	Oliver	Pescott-Frost	Ipswich Harriers	27.29
	4	Daniel	Howe	Thetford AC	25.40
HT	1	Oliver	Pescott-Frost	Ipswich Harriers	40.91
	2	Daniel	Howe	Thetford AC	33.46
	3	Euan	McKie	West Suffolk AC	14.69
JT	1	Harry	Hughes	West Suffolk AC	40.31
	2	Euan	McKie	West Suffolk AC	31.39

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Under 17 Men

Event:	Pos:	Name:	Surname	Club:	Result:
100m	1	Tom	Powell	Ipswich Harriers	11.7
	2	Daniel	Morgan	West Suffolk AC	12.4
	3	Sebastian	Lupton	Ipswich Harriers	12.5
	4	Benjamin	Atherton	Leiston Community H Sch	12.5
	5	Adam	Lawrence	West Suffolk AC	12.8
	6	Jake	McCarthy	St Edmund Pacers	14.5
200m Final	1	Tom	Powell	Ipswich Harriers	23.3
	2	Daniel	Morgan	West Suffolk AC	25.2
	3	Adam	Lawrence	West Suffolk AC	25.9
	4	Thomas	McDonald	West Suffolk AC	26.0
400m	1	Rupert	Powell	Royal Hospital Sch	54.7

	2	Billy	Stanley	Gt Cornard U Sch	56.7
	3	Thomas	McDonald	West Suffolk AC	57.0
	4	Jack	Anthony	West Suffolk AC	57.5
	5	Sebastian	Lupton	Ipswich Harriers	58.4
	6	Dominic	Oliver	Gt Yarmouth & Dist AC	63.4
800m	1	Dominic	Oliver	Gt Yarmouth & Dist AC	2.17.5
	2	Jack	Anthony	West Suffolk AC	2.24.9
	3	Toby	Upton	Ipswich Harriers	2.25.8
1500m	1	Ross	Tennant	Ipswich Harriers	4.28.8
	2	Dominic	Oliver	Gt Yarmouth & Dist AC	4.29.2
3000m	1	Macauley	Delo	West Suffolk AC	9.19.8
	2	Bradley	Wattleworth	Ipswich Harriers	9.34.4
	3	Kieran	McMorran	Bungay Black Dog RC	9.57.4
1500m S/C	1	Jack	Anthony	West Suffolk AC	6.07.8
HJ	1	Errol	Thompson	Ipswich Harriers	1.65
PV	1	Steve	Smith	West Suffolk AC	1.80
LJ	1	Errol	Thompson	Ipswich Harriers	5.33
TJ	1	Finlay	Hudson	Ipswich Harriers	11.48
	2	Jake	McCarthy	St Edmund Pacers	9.78
SP	1	Alexander	Parkinson	West Suffolk AC	13.29
	2	Steve	Smith	West Suffolk AC	10.30
	3	Theo	Moore	Ipswich Harriers	9.12
	4	Matthew	Foulger	Orwell Panthers	6.32
DT	1	Alexander	Parkinson	West Suffolk AC	36.02
	2	Oliver	Thompson	Thetford AC	30.11
	3	Theo	Moore	Ipswich Harriers	24.59
	4	Steve	Smith	West Suffolk AC	23.31
	5	Matthew	Foulger	Orwell Panthers	19.50
HT	1	Oliver	Thompson	Thetford AC	41.30
	2	Theo	Moore	Ipswich Harriers	29.32
	3	Matthew	Foulger	Orwell Panthers	17.25
JT	1	Finlay	Hudson	Ipswich Harriers	49.68
	2	Alexander	Parkinson	West Suffolk AC	40.87

Suffolk County AA Championships Results 2011 - 15th May, Ipswich

Under 20 Men

Event:	Pos:	Name:	Surname	Club:	Result:
100m	1	Leon	Holmes	Ipswich Harriers	11.8
	2	Adam	Szucs	City of Norwich AC	12.8
200m	1	Adam	Szucs	City of Norwich AC	26.0
	2	Daniel	Amass	Orwell Panthers	28.2

400m	1	Oliver	Minns	Orwell Panthers	64.5
800m	1	John	Bird	Ipswich Harriers	2.02.5
	2	Alex	Dunbar	West Suffolk AC	2.06.2
	3	Jordan	Ali	City of Norwich AC	2.20.0
1500m	1	Kieran	Clements	Ipswich Harriers	3.59.3
	2	John	Bird	Ipswich Harriers	4.03.4
	3	Jordan	Ali	City of Norwich AC	4.19.5
3000m	1	Jordan	Ali	City of Norwich AC	9.19.1
110m H	1	Matthew	Wake	West Suffolk AC	16.7
400m H	1	Matthew	Wake	West Suffolk AC	63.0
HJ	1	Matthew	Wake	West Suffolk AC	1.75
	2	Jack	Chrisman	West Suffolk AC	1.75
LJ	1	Daniel	Amass	Orwell Panthers	4.42
	2	Oliver	Minns	Orwell Panthers	4.27
SP	1	Jake	Allen	West Suffolk AC	10.51
	2	Nathan	Bruce	Orwell Panthers	8.52
DT	1	Jake	Allen	West Suffolk AC	36.88
	2	Nathan	Bruce	Orwell Panthers	22.81
HT	1	Jake	Allen	West Suffolk AC	43.13
	2	Nathan	Bruce	Orwell Panthers	22.05
JT	1	Matti	Mortimore	Loughborough College	61.21
	2	Daniel	Amass	Orwell Panthers	16.53

Suffolk County AA Championships Results 2011 - 15th May, Ipswich

Senior Men:

Event:	Pos:	Name:	Surname	Club:	Result:
100m	1	Robert	Graham	Ipswich Harriers	11.6
	2	Luke	Allen	West Suffolk AC	11.7
	3	David	Nichols	St Edmund Pacers	12.3
	4	Michael	Davis	Orwell Panthers	13.6
200m	1	Benjamin	Higgins	Ipswich Harriers	23.1
	2	Neil	Gillingham	Ipswich Harriers	25.2
	3	David	Nichols	St Edmund Pacers	25.5
	4	Paul	Wilcox	Ipswich Harriers	29.0
1500m	1	Elliot	Palmer	Ipswich Harriers	3.56.1
	2	Colin	Ridley	West Suffolk AC	4.35.2
3000m	1	Ronald	Benjamin	Colchester Harriers	11.49.9
2000m S/C	1	Jack	Huddleston	Cambridge & Coleridge A	7.47.8
110m H	1	Luke	Allen	West Suffolk AC	16.5

	2	Jack	Huddleston	Cambridge & Coleridge A	17.7
400m H	1	Jack	Huddleston	Cambridge & Coleridge A	60.7
3k Walk	1	Alan	Ellam	Enfield & Haringey	16.36.5
HJ	1	Gordon	Coe	Diss AC	1.60
PV	1	Jeremy	Smith	Ipswich Harriers	1.50
TJ	1	Robert	Graham	Ipswich Harriers	12.83
SP	1	Luke	Allen	West Suffolk AC	10.81
	2	Gordon	Coe	Diss AC	10.13
	3	Michael	Davis	Orwell Panthers	6.87
	4	Jeremy	Smith	Ipswich Harriers	5.88
DT	1	Gordon	Coe	Diss AC	30.17
	2	Rory	McMillan	Ipswich Harriers	26.82
	3	Michael	Davis	Orwell Panthers	12.42
HT	1	Michael	Davis	Orwell Panthers	14.82
	2	Jeremy	Smith	Ipswich Harriers	8.94

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