

Suffolk County AA Championships Results 2010 - 9th May, Ipswich

Senior Women

Event:	Pos:	No.	Name:	Surname	Club:	Result:	CBP:
100m	1	58	Yvonne	Holmes (V40)	Ipswich Harriers	15.9	
200m	1	58	Yvonne	Holmes (V40)	Ipswich Harriers	32.2	
800m	1	36	Sarah	Coulson	West Suffolk AC	2-31.0	
1500m	1	5	Christine	Anthony	St Edmund Pacers	5.30.3	
3000m	1	76	Maureen	McCarthy	St Edmund Pacers	11-27.7	
1500m S/C	1	36	Sarah	Coulson	West Suffolk AC	5.57.8	CBP:
	2	5	Christine	Anthony	St Edmund Pacers	6-13.6	
100m H	1	106	Tania	Spurling	West Suffolk AC	16.6	
3k Walk	1	4	Angie	Alstrachen	Enfield & Haringey AC	20-12.4	CBP:
	2	93	Serena	Queeney	Enfield & Haringey AC	21-15.0	
	3	55	Jennie	Grimwood	Newmarket Joggers	23-30.0	
HJ	1	106	Tania	Spurling	West Suffolk AC	1.58	
LJ	1	106	Tania	Spurling	West Suffolk AC	5.27	
TJ	1	106	Tania	Spurling	West Suffolk AC	11.46	
SP	1	49	Kerry	Fuller	Ipswich Harriers	8.35	
HT	1	49	Kerry	Fuller	Ipswich Harriers	24.63	
JT	1	30	Joanna	Chapman	West Suffolk AC	40.10	
	2	106	Tania	Spurling	West Suffolk AC	29.65	