

Suffolk County AA Championships Results 2010 - 9th May, Ipswich

Senior Men:

Event:	Pos:	No.	Name:	Surname	Club:	Result:	CBP:
100m	1	4	Luke	Allen	West Suffolk AC	12.3	
	2	51	Neil	Gillingham	Ipswich Harriers	12.6	
	3	105	Jeremy	Smith	Ipswich Harriers	14.1	
	4	119	Paul	Wilcox	Ipswich Harriers	14.6	
200m	1	51	Neil	Gillingham	Ipswich Harriers	25.5	
	2	105	Jeremy	Smith	Ipswich Harriers	30.0	
400m	1	69	Thomas	Love	UEA	51.5	
	2	68	Jon	Lockwood	St Edmund Pacers	59.5	
800m	1	69	Thomas	Love	UEA	2-04.7	
	2	23	Vincent	Coogan	Newmarket Joggers	2-16.4	
	3	68	Jon	Lockwood	St Edmund Pacers	2-18.6	
1500m	1	10	Matthew	Barnes-Smith	WG with EL	3-59.9	
	2	103	Andrew	Rooke	St Marys Uni	4-19.6	
	3	101	Colin	Ridley	West Suffolk AC	4-37.8	
3000m	1	10	Matthew	Barnes-Smith	WG with EL	8-32.3	CBP
	2	23	Vincent	Coogan	Newmarket Joggers	9-52.3	
	3	101	Colin	Ridley	West Suffolk AC	9-54.8	
2000m S/C	1	45	Stephen	Foulger	Orwell Panthers	9-01.1	
	2	105	Jeremy	Smith	Ipswich Harriers	9-07.8	
110m H	1	4	Luke	Allen	West Suffolk AC	17.6	
400m H	1	105	Jeremy	Smith	Ipswich Harriers	76.2	
3k Walk	1	18	David	Buchanan	Unattached	6-56.1	
HJ	1	-	-	-	-	-	
PV	1	-	-	-	-	-	
LJ	1	45	Stephen	Foulger	Orwell Panthers	3.94	
TJ	1	51	Neil	Gillingham	Ipswich Harriers	10.29	
SP	1	14	Joe	Bloomfield	Ipswich Harriers	12.05	
	2	4	Luke	Allen	West Suffolk AC	10.44	
DT	1	14	Joe	Bloomfield	Ipswich Harriers	40.62	
	2	75	Rory	McMillan	Ipswich Harriers	24.41	
HT	1	14	Joe	Bloomfield	Ipswich Harriers	58.03	
	2	41	Malcolm	Fenton	Ipswich Harriers	47.11	
JT	1	4	Luke	Allen	West Suffolk AC	41.57	